

# Healthy Happenings

At the Perry County Health Department

JANUARY, 2010

## Health Department Highlights

### Upcoming Dates:

#### *FLU SHOTS AVAILABLE AT HEALTH DEPT.*

- January 14, 2010—Mammography Van—taking appts. Contact Christy at Health Department
- January 18th—The Health Department will be closed to celebrate Martin Luther King day.
- January 19th - Wellness Coalition Meeting social—First United Methodist Church; 126 S. High St.
- January 21st—Board of Health Meeting; 6:00pm;
- Pneumonia shots available for adults; must have prescription from doctor. Cost: \$10.00 or Medicare or Medicaid card.
- Confidential Rapid HIV testing available; results in 20 minutes. Contact Cindy at 342-5179 with questions.
- Shingles vaccination available—Call for details

Ohio Buckles Buckeyes (car seat program) - call Karie to schedule an appointment; 342-5179.

Clinic for children with hearing problems— 5/4/10 beginning at 9AM. Call Cindy for appt.

*"Healthy Families . . .  
.Healthy Communities*



**Public Health**  
Prevent. Promote. Protect.

### Hours of Operation:

- Monday through Friday 7am-5pm
- Immunization clinics:  
Tuesday 1:00-5pm  
Tuesday 5-6pm *by appointment only*  
Wednesday 8-11:30am

The Smoke Free Workplace Act became law on Dec. 7, 2006. For more information, contact Steve Holekamp at the Health Department, 342-5179. Find more information at the following websites:

[www.SmokeFreeOhio.org](http://www.SmokeFreeOhio.org) or  
[www.odh.ohio.gov](http://www.odh.ohio.gov); or call 1-800-QUIT-NOW

Remember to wash your hands, cover your cough or sneeze and stay home if you are sick to prevent the spread of germs and the H1N1 virus.

**Our Mission:** *To improve the quality of life for all people in Perry County through disease prevention, education and protection of our environment.*

### Contacts by Division:

**Health Commissioner**  
Steve Holekamp, MEd

**Director of Nursing**  
Don Pingle, RN

**Director of Environmental Health**  
Paul Montgomery, RS

**Deputy Registrar**  
Susan Kinney

**Director of Health Education**  
Karie Cook, BSN, RN

**Vital Statistics**  
Tina Watkins

**Disaster Preparedness Coordinator**  
Jennifer Martin, MPH

**Plumbing Inspector**  
Billy Rowe

### Contact Us:

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